



# Sunday River®



## GACP U12-14 Speed Training/Race

*All information subject to change*

**Thursday, January 26, 2017**

TD: Mark Casale

Chief of Race: Brent Grygiel

Referee: TBD

Assistant Referee: TBD

<b>7:30-8:30</b>	<b>Registration –Barker Base Lodge</b>
<b>8:10</b>	<b>Course crew load Lift 1</b>
<b>8:15</b>	<b>Coaches Meeting – GACP Competition Center</b>
<b>8:50</b>	<b>Athletes Meeting – GACP Competition Center</b>
<b>9:00-9:45</b>	<b>Warm up- T2/Monday Mourning</b>
<b>10:00-10:30</b>	<b>Inspection- T2/Monday Mourning</b>
<b>10:30-11:30</b>	<b>Sectional Training- Courses on T2/Monday Mourning</b>
<b>11:30-12:00</b>	<b>Lunch</b>
<b>12:15-12:45</b>	<b>Inspection- T2/Monday Mourning</b>
<b>1:00-2:00</b>	<b>Full length training run</b>
<b>2:00-2:30</b>	<b>Post run inspection</b>
<b>3:00</b>	<b>Bib Draw at GACP Competition Center</b>

### SECTIONAL TRAINING:

Start on T2

Group 1,2,3,4,5

Start on Monday Mourning

Group 6,7,8,9,10

**Friday, January 27, 2017**

TD: Mark Casale

Chief of Race: Brent Grygiel

Referee: TBD

Assistant Referee: TBD

<b>7:30-8:30</b>	<b>Registration – Barker Base Lodge</b>
<b>8:10</b>	<b>Course crew course setter load lift 1</b>
<b>8:30</b>	<b>Coaches Meeting – GACP Competition Center</b>
<b>9:00</b>	<b>Lift 1 open for Athletes &amp; Coaches</b>
<b>9:00-10:00</b>	<b>Training Run</b>
<b>10:00-10:45</b>	<b>Inspection – T2/Monday Mourning</b>
<b>11:00</b>	<b>Race run 1 Qualifier</b>
<b>12:00-12:45</b>	<b>Inspection</b>
<b>1:00</b>	<b>Race run 2</b>
<b>2:30</b>	<b>Awards</b>

This is a two day event. Please register for both days via [www.adminskiracing.com](http://www.adminskiracing.com)

Contact:

Greg Towle  
127 Barker Mountain Road  
Newry, ME 04261  
Email: [gtowle@sundayriver.com](mailto:gtowle@sundayriver.com)  
207-824-5358